

## My Ideal Week in Retirement

Your Name \_\_\_\_\_

Date \_\_\_\_\_

**Directions:** What would an ideal week in your retirement look like to you? What activities will shape your lifestyle and also provide a sense of meaning and purpose? Spend a few minutes visualizing how you will invest your time and record those details in the calendar below.

Day	Morning	Afternoon	Evening/Night
Sunday			
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			